

For Immediate Release  
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## **At Flavors And More, We're Celebrating August, Summer's Last Hurrah**

Just like you, here at Flavors And More magazine we're grilling and chilling, surfing and sunning, hosting patio parties and just generally luxuriating in the month of August, when all things summer are at their sweetest -- foods and pleasures of the table.

In our August issue Chef Judi Gallagher explores meringues, those cloud-light desserts so right for this time of year. And yes, she has tips and recipes for making your meringues the best. Editor Marsha Fottler is interested in the great chocolate crossover. Chocolate is not just for dessert anymore, but is an ingredient being used by chefs in appetizers and entrees.

Wine writer Robert Paul makes a case for more restaurants offering flights of wines with dinners of three or more courses while Herb Gardener reports on his culinary trip to Chicago (he did not appreciate Chicago-style pizza).

Design writer Steven V. Philips has the ultimate on advice for achieving a kitchen that is perfectly lit. It requires effort, knowledge and a bit of cash, but you'll definitely see the difference if you follow his expert suggestions.

And travel/food writer Doc Lawrence hits the Gourmet Highway to eat and drink his way across the Southern college football landscape. It's a tradition called tailgating. Born during the Civil War, it's now the great Saturday feast in stadium parking lots. Tailgating is no longer confined to burgers and beer.

All that and more – plus recipes galore – will be coming your way in the August issue so subscribe today.

**Flavors And More** is a monthly online cooking magazine dedicated to the pleasures of the table realized through recipes, libations, travel, books, gardens, entertaining and insightful features that celebrate food and all those who gather together to share meals and memories. When you have an appetite for a bountiful buffet of useful stories by an award-winning staff, we have what it takes to satisfy that hunger. We are **FLAVORS AND MORE** and you can find us at **flavorsandmore.com**. Read, enjoy, subscribe and post a comment.

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